



VERNICE ARMOUR

Zero to Breakthrough[™]

**A
Breakthrough
Mentality
Creates a
Breakthrough
Life!**

Who Should Attend?

- ◆ People Who Want to Excel
- ◆ Executives
- ◆ Managers
- ◆ Customer Service
- ◆ Human Resource Professionals
- ◆ Training Professionals

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Vernice Armour Bio

Through **Innovation**, **Creativity** and **Imagination**, Vernice **EXCEL**erated from beat cop to combat pilot in three years. Vernice's most notable accomplishment to date was being recognized as America's First African American Female Combat Pilot. Upon completion of two combat tours in Iraq as an AH-1W Super Cobra Attack Helicopter pilot, Vernice leveraged her experiences and conceptualized the Zero to Breakthrough[™] Success Model.

After completing her last tour of duty as a Diversity Officer and Liaison to the Pentagon, Vernice left the military and launched VAI Consulting and Training, LLC. By applying the Zero to Breakthrough[™] Success Model to her own company, Vernice produced over six-figures in revenue within the first 12 months! Today, her passion is helping organizations and individuals go from Zero to Breakthrough by effectively leveraging **leadership**, **diversity** and **innovation!**

As featured on Oprah Winfrey, CNN, Tavis Smiley, NPR and others, Vernice Armour's dynamic style and presentation methods have inspired hundreds of organizations and individuals. Her blend of high-energy presentation with humorous anecdotes and commanding content educate and edify while it engages and entertains.

Vernice ultimately impacts organizations and individuals with an understanding of the passion and leadership required to excel. Through her keynotes, seminars, workshops, and executive retreats, Vernice conveys messages of Zero to Breakthrough[™] through her unique insight and life strategy: "A Breakthrough Mentality Creates a Breakthrough Life!"

Among her many accomplishments, Vernice has been awarded as a pioneering pilot, including her commanding role in Science, Technology, Engineering and Mathematics (STEM). Vernice was the Marine Corps' first African American Female pilot, the first African American woman on the Nashville Police Department's motorcycle squad, Camp Pendleton's 2001 Female Athlete of the Year, two-time titleholder in Camp Pendleton's annual Strongest Warrior Competition, and a running back for the San Diego Sunfire women's professional football team. Vernice is currently working on her first book, Zero to Breakthrough[™].